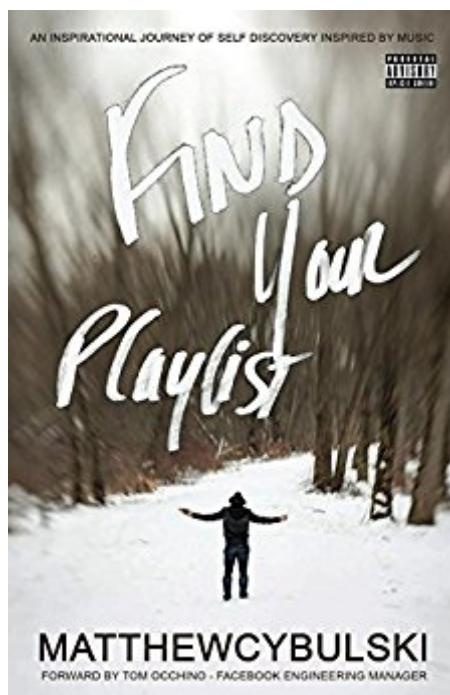


The book was found

Find Your Playlist



Synopsis

Find your way to clarity, to confidence, to a meaningful life. Find Your Playlist Matthew Angelo Cybulski is an author, transformational coach, speaker and entrepreneur. After graduating college, he spent time in customer service, financial, and sales fields, including many successful years in management roles. However, his professional career was intertwined with a rock-star lifestyle fueled by low self-esteem, depression, and addiction for nearly two decades. This memoir represents his path out of struggles with music as his guide. This book sets out to prove that an average Joe can completely change his or her mindset, goals, and lifestyle to help discover what holds us back, keeps us average, and denies us the life we truly desire. This book will help you: Identify your personal demons/ struggles. Answer the question of whether you are living life or just existing. Understand how music can improve and change your life. Become inspired to Find Your Playlist. •

Book Information

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Customer Reviews

The author takes the reader on a great journey, along with a soundtrack (playlist) from his life. From a very low point to the man he eventually becomes. Although the book is targeted at adults and

does have some adult language and themes, it would also be a great read (with some guidance) for young adults. Very easy to read and engaging book.

This book is not about success as we generally think in relation to prestige and material wealth. It is about life success. It is about the power of music to awaken the human spirit. Matthew holds nothing back about his journey with using drugs and alcohol to silence his inner demons and cope with un-fulling success. Matthew reminded me that my playlist reflects my beliefs and dreams. Sometimes you choose the song sometimes the song chooses you.

Great read. Anybody can share the highs. Matt shares it all. Find YOUR playlist.

Highly recommended this inspirational and motivational read. The majority of people can relate to music and its lyrics . They can have a tremendous affect in our lives and Matthew goes into great insight into how his playlist has had a huge influence in his journey. WILL YOU FIND YOUR PLAYLIST!

It's so often these days we read stories, articles & excerpts that are 2nd hand or not true experiences of the author. This book was refreshing to have an honest tale of his real life experiences to serve as focal point of motivation.

Matthew bares his soul in this book as he shares his journey from a follower to a leader!! Great read and very relate able story of personal growth despite setbacks!

Absolutely amazing book! I encourage everyone to read it! Really hits home for everybody. A no brainer to go and buy it! Must read!!!!

Great honest, inspiring read. I can relate to a lot in the book and it's great to feel like you're not alone.

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